

Recipe Allergen Matrix

YES = Recipe contains allergen.
No = Recipe does not contain allergen.
MAY = Recipe may contain allergen.



Please check with the kitchen should a query arise from a customer regarding their chosen dish.

Recipe	Cereals	Wheat	Rye	Spelt	Oats	Barley	Kamut	Gluten < 20ppm?	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Almond nuts	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brazil Nuts	Pistachio nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
* Bread roll & butter bar	YES	YES	No	No	No	YES	No	No	No	MAY	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No
* Beef burger chips kids menu	YES	YES	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	MAY	YES	No	No
Penna pasta kids menu	YES	YES	No	No	No	No	No	No	No	YES	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Sausage and mash kids	YES	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
Margherita pizza kids	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Mini fish & chips	YES	YES	No	No	No	No	No	No	No	MAY	YES	No	MAY	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
Chicken dippers bbq sauce	YES	YES	MAY	No	MAY	MAY	No	No	No	No	No	No	MAY	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Vegetable sticks hummus	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No	No
* Soup of the day	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Vegan pizza delight	YES	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
* Bbq chicken pizza roasted peppers	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
Spicy pepperoni pizza jalapenos	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
Margherita pizza	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
* Pizza base kit pizza si	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
* Roast chicken pancetta mayonnaise sandwich	YES	YES	YES	No	No	YES	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Roasted ham dijon mustard sandwich	YES	YES	YES	No	No	YES	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No
* Chicken & pesto panini	YES	YES	MAY	No	MAY	MAY	No	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	MAY	No	No
* Chickpea hummus beetroot char grilled courgette	YES	YES	YES	No	No	YES	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No
* Prawn marie rose sauce sandwich	YES	YES	YES	No	No	YES	No	No	YES	YES	YES	No	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	YES	No	No
* Marie rose sauce	YES	No	No	No	No	YES	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	YES	YES	No	YES	No	No
* Gaytons bloomer	YES	YES	YES	No	No	YES	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No

Recipe	Cereals	Wheat	Rye	Spelt	Oats	Barley	Kamut	Gluten < 20ppm?	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Almond nuts	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brazil Nuts	Pistachio nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
* Mature cheddar & pickle sandwich	YES	YES	YES	No	No	YES	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No
* Smoked salmon bagel	YES	YES	No	No	No	YES	No	No	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	YES	MAY	No	No	YES
* Sandwich salad gnarish & crisps	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	
* Crushed avocado	YES	YES	YES	No	No	YES	No	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
* Posh eggs breakfast	YES	YES	YES	No	No	YES	No	No	No	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Breakfast bap	YES	YES	No	No	No	No	No	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No
3 mini croissant	YES	YES	No	No	No	No	No	No	No	YES	No	No	MAY	YES	MAY	MAY	MAY	MAY	No	No	No	No	No	No	MAY	No	No	No
Toast bar	YES	YES	No	No	No	YES	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Smokey bbq wings	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Venison pie	YES	YES	No	No	No	No	No	No	No	YES	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
* Cherry bakewell tart	YES	YES	No	No	No	No	No	No	No	YES	No	MAY	MAY	YES	YES	YES	MAY	MAY	MAY	MAY	MAY	MAY	No	No	No	No	No	No
* Vanilla cheese cake	YES	YES	No	No	No	No	No	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Chocolate delice	No	No	No	No	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
SUGAR SNAP & TENDERSTEM	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Chicken tikka shaslik	YES	YES	No	No	No	No	No	No	No	YES	No	MAY	No	YES	MAY	MAY	No	No	MAY	No	No	No	MAY	MAY	No	No	No	No
Duck egg crispy cassoulet	YES	YES	No	No	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	YES	No
* Crispy vegetable gyoza	YES	YES	No	No	No	No	No	No	MAY	MAY	No	No	YES	No	No	No	No	No	No	No	No	No	MAY	No	YES	No	No	No
* House salad	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Asparagus wild mushroom gnocci	YES	YES	No	No	No	No	No	No	No	YES	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
* Korean baby back ribs	YES	YES	No	No	No	No	No	No	No	No	YES	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Chicken pesto panini	YES	YES	MAY	No	MAY	MAY	No	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	MAY	MAY	No	No	No
Vanilla ice cream	No	No	No	No	No	No	No	YES	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Fish & chips	YES	YES	No	No	No	No	No	No	No	MAY	YES	No	MAY	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
Sirloin steak bar	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	MAY	MAY	No	No	No	No

Recipe	Cereals	Wheat	Rye	Spelt	Oats	Barley	Kamut	Gluten < 20ppm?	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Almond nuts	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brazil Nuts	Pistachio nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
* Vegan burger brasserie	YES	YES	YES	No	YES	YES	No	No	No	No	No	No	YES	MAY	MAY	MAY	No	MAY	MAY	MAY	MAY	MAY	MAY	YES	MAY	MAY	No	No
* Salmon filet brasserie	No	No	No	No	No	No	No	No	MAY	No	YES	MAY	No	YES	MAY	MAY	MAY	MAY	MAY	MAY	MAY	MAY	No	No	No	YES	No	MAY
* Caesar salad brasserie	YES	YES	MAY	MAY	MAY	YES	No	No	No	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Waygu burger brasserie	YES	YES	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	YES	No	No
Add salmon	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Add chicken	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Superfood salad brasserie	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Penang curry	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Buttered carrots caraway seeds	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Skin on fries	No	No	No	No	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No	No	No	No	No	MAY	No	No	MAY	No	No
Sweet fries	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Dirty fries	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Smoked salmon brasserie	YES	YES	MAY	MAY	MAY	YES	No	No	No	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	YES

* **WARNING!** This recipe uses custom ingredients. Accuracy of data when using custom ingredients is your responsibility.