

Recipe Allergen Matrix

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YES = Recipe contains allergen.
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Recipe	Cereals	Wheat	Rye	Oats	Barley	Gluten 20ppm?	Crustaceans	Eggs	Fish	Peanuts	Soya	Milk	Nuts	Almond nuts	Hazelnuts	Walnuts	Cashew Nuts	Pecan Nuts	Brazil Nuts	Pistachio nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Lupin	Molluscs
* Assorted Danish pastries bar	YES	YES	No	MAY	MAY	No	No	YES	No	No	YES	YES	YES	YES	YES	No	MAY	YES	No	No	No	No	No	No	No	No
* Crushed avocado bar	YES	YES	YES	No	YES	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
* Posh eggs breakfast bar	YES	YES	YES	No	YES	No	No	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Breakfast bap	YES	YES	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
3 mini croissant bar	YES	YES	No	No	No	No	No	YES	No	No	MAY	YES	MAY	MAY	MAY	MAY	No	No	No	No	No	No	MAY	No	No	No
Toast bar	YES	YES	No	No	YES	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No

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* The sweet & smokey pizza	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
* The meat one pizza	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* The smoky blue pizza	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
Add ham june 2026	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Add jalapenos june 2026	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Add pepperoni june 2026	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Vegan pizza delight	YES	YES	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No
* Bbq chicken pizza roasted peppers	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
Margherita pizza	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No

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* The green grocers board	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No
* The fishmongers board	YES	YES	No	No	No	No	YES	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	YES	No	No
* The butchers board	YES	YES	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	MAY	YES	No	No

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* Parmasen truffle fries	No	No	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No	No	No	No	No	MAY	No	No	MAY	No	No
Skin on fries	No	No	No	No	No	No	No	No	No	No	No	MAY	No	No	No	No	No	No	No	No	MAY	No	No	MAY	No	No
* Sweet potato fries 2025	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Dirty fries 2025	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	MAY	No	No	MAY	No	No

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* Free range egg & watercress	YES	YES	No	No	YES	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	MAY	YES	No	No	No	No
* Roast chicken pancetta mayonnaise sandwich	YES	YES	YES	No	YES	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Roasted ham dijon mustard sandwich	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No
* Chickpea hummus beetroot char grilled courgette	YES	YES	YES	No	YES	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No
* Cold water prawn sandwich	YES	YES	YES	No	YES	No	YES	YES	YES	No	YES	No	No	No	No	No	No	No	No	No	YES	YES	No	YES	No	No
Mature cheddar & pickle sandwich	YES	YES	No	No	YES	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No
* Smoked salmon bagel	YES	YES	No	No	YES	No	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	YES	MAY	No	No	YES

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* Tuna mozzarella panini	YES	YES	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Moorhall club	YES	YES	No	No	YES	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Steak & onion panini	YES	YES	MAY	MAY	MAY	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	MAY	No	No	No
* Croque monsieur	YES	YES	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Chicken & pesto panini	YES	YES	MAY	MAY	MAY	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	MAY	No	No

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* Beef taco	MAY	MAY	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	YES	No	YES	No	No
* Cauliflower wings	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Leek & potato broth thyme infused macaroni cheese	YES	YES	No	No	No	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Ham & mature cheddar croquette	YES	YES	No	No	No	No	No	YES	No	No	No	YES	No	No	No	No	No	No	No	No	MAY	MAY	No	YES	No	No
* Smokey bbq wings	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Chicken tikka shaslik	YES	YES	No	No	No	No	No	YES	No	MAY	No	YES	MAY	MAY	No	No	MAY	No	No	No	MAY	MAY	No	No	No	No
* Dirty fries	No	No	No	No	No	No	No	No	No	No	YES	YES	No	No	No	No	No	No	No	No	MAY	No	No	MAY	No	No

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* Nutella cheesecake	YES	YES	No	No	No	No	No	No	No	No	YES	YES	YES	No	YES	No	No	No	No	No	No	No	No	No	No	No
* Peach melba moorhall	No	No	No	No	No	No	No	No	No	No	No	YES	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No
* Leek & potato broth thyme infused macaroni cheese	YES	YES	No	No	No	No	No	No	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	YES	No	No	No	No
* Sticky toffee pudding 2026	YES	YES	No	No	No	No	No	YES	No	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Hazelnut & chocolate tart raspberry sorbet	No	No	No	No	No	No	No	MAY	No	MAY	No	MAY	YES	YES	YES	MAY	MAY	MAY	MAY	MAY	No	No	No	No	No	No

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* Roasted butternut squash fondant	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	MAY	MAY	No	No	No	No
* Roasted salmon filet cockle & mussel	No	No	No	No	No	No	No	No	YES	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	YES
* Ham hock & leek coarse grain mustard pie	YES	YES	No	No	MAY	No	No	YES	No	No	MAY	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	YES	No	No
* Chicken breast oyster mushroom	No	No	No	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	YES	No	No
Sirloin steak 8oz	YES	YES	No	No	No	No	No	No	No	No	MAY	MAY	No	No	No	No	No	No	No	No	MAY	MAY	No	MAY	No	No
Crispy tortilla caesar salad	YES	YES	MAY	MAY	YES	No	No	YES	YES	No	YES	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Beetroot & chickpea vegan burger	YES	YES	YES	YES	YES	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	YES	MAY	No	No	No
* Lemonade fish & chips	YES	YES	No	No	No	No	No	MAY	No	No	MAY	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Vegetable panang curry	YES	YES	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
* Waygu beef burger bacon	YES	YES	YES	No	No	No	No	No	No	No	No	YES	No	No	No	No	No	No	No	No	MAY	YES	MAY	YES	No	No

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