



*the* Spa   
*at*

BEST WESTERN PREMIER  
Moor Hall Hotel  
★★★★

## the spa

The Spa at BEST WESTERN PREMIER Moor Hall Hotel is the perfect place to relax and forget the stresses of modern living for a few precious hours.

Our experienced and professional therapists offer a wide range of Thalgo facial and body treatments suitable for men and women, plus Complementary therapies like Reiki, Indian Head Massage and Reflexology, so whether you need to relax, de-stress, detox or just enjoy a little pampering, you are sure to find the perfect treatment for you.

After your chosen treatment make time to relax in the Spa lounge. The cares and stresses of your daily life will melt away, leaving you refreshed, relaxed and invigorated in mind, body and soul.



Thalgo have been experts in marine beauty for over 40 years and their products incorporate the purest natural marine and plant ingredients so you can benefit from powerful healing, revitalising and rebalancing properties, vital for health and well being. The exceptional body treatments refine, tone and ease tensions while the facials effectively purify, hydrate and firm your skin.

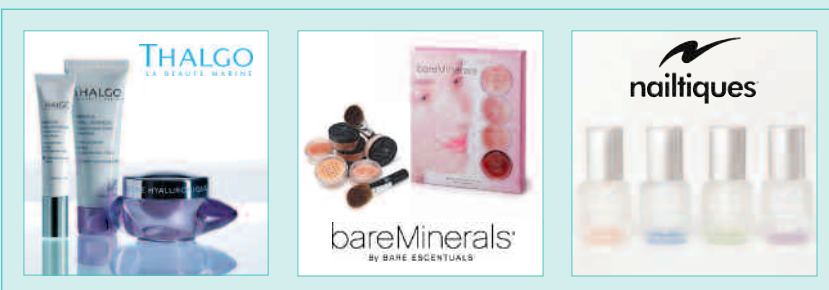


Bare Escentuals bareMinerals is a professional quality, multi-functional make-up range that started the revolution in mineral make-up. All the foundations, as well as the cheek and eye colours have been crushed to a silky, creamy powder form... but it's not a powder, these are 100% natural minerals from the earth, with no additives. The formula provides impeccable coverage for every skin type and skin tone, and protects with a natural sunscreen.



Contrary to popular belief, healthy, flexible, nails are achievable by anyone, whatever their nail type – all they need is a little loving care and attention. Nailtiques Protein Formulas, creams, gels and oils gently nourish your hands and feet back into tip-top shape, leaving your nails looking perfectly groomed and your skin silky smooth.

- Facials
- Body Massages
- Body Wraps
- Body Brushing
- Eye Treatments
- Manicures & Pedicures
- Tanning
- Waxing
- Make-up
- Complementary Therapies
- Spa Days
- Spa Breaks



# face

## facial treatments

Thalgo facial treatments use the purest natural active ingredients from marine and plant sources to offer spectacular results in purifying, hydrating and firming. All Thalgo facials begin with a “Discovery of the Sea” massage to relax you and ease tensions.

**Mini Facial - 25 minutes**  
Designed to suit your own skin type, this facial includes a full cleanse, tone and exfoliation plus a relaxing face, neck and shoulder massage and is finished with an application of eye cream and moisturiser.....£30

**Absolute Hydration Purity Ritual - 25 minutes**  
Smoothing and moisturising, for skin that craves moisture.....£32

**Age-defying Facial - 25 minutes**  
Suitable for anyone concerned with minimising and protecting against the visible signs of ageing, this facial is excellent for mature and dehydrated skin.....£35

**Organic Facial - 25 minutes**  
Perfect for all skin types, the results are instant! Completely nourished and hydrated, the skin is incredibly soft and rested, and the complexion is radiant.....£35

**Prescription Facial - 55 minutes**  
A tailor made facial to meet your particular needs and concerns. After a personal consultation, our therapist will analyse your skin to determine which Thalgo products will be best suited to you. The facial includes a full face and neck massage....£43

**Extreme Comfort Facial - 55 minutes**  
A deeply nourishing treatment targeting a dry/very dry skin. The warm mask forms a cocoon which easily infuses the active ingredients of the products used. Sensations of tightness and discomfort are eased away, leaving your skin perfectly nourished, supple and soft. ....£48

**Extreme Comfort Eye Treatment - 40 minutes**  
This eye treatment is excellent for combating dark circles, congestion and puffy eyelids.....£33

**Warm Effect Oxygen Facial - 55 minutes**  
This ultimate anti-pollution treatment for dull, asphyxiated skin is suitable for all skin types needing an oxygen boost. Your skin regains its natural radiance.....£48

**Cool Effect Oxygen Facial - 55 minutes**  
This anti-pollution facial is suitable for more delicate or sensitive skins needing an oxygen boost. Your skin will breathe again with new radiance.....£48

**Re-balancing Mask with Micronised Marine Algae - 55 minutes**  
Combining pure natural seaweed, rich in minerals and vitamins, with high potency marine extracts, this treatment stabilises and deep cleanses. Its anti-bacterial effect is ideal for combination, oily and problem skin types as it helps clear and tighten the skin and minimises open pores.....£48

**Cold Marine Facial - 55 minutes**  
Consisting of a soothing clay mask and a creamy milk, this treatment is a haven of relaxation for sensitive skin. Perfect for blotchiness and irritability, it leaves the complexion fresh and luminous.....£48

**Hydra Moisture Source Facial - 55 minutes**  
A truly hydrating moisture treatment, suitable for all skin types, featuring active marine ingredients and vegetal milks combined with a unique mask which combats dehydration, improves skin texture and leaves skin feeling soft and radiant.....£48

**Collagen Facial - 55 minutes**  
This facial is designed for first wrinkles and gives instant results. An anti-ageing massage is carried out to lift the features and help the skin drink the Marine Collagen. The Collagen mask smoothes fine lines and has a plumping effect. After your treatment your skin will be radiant, its collagen reserves restored.....£65

**Collagen Eye Treatment - 25 minutes**  
An intensive treatment for fine lines, crows' feet and dehydration of the eyes.....£35

**Hyaluronic Facial - 55 minutes**  
This smoothing and filling facial designed for age 35+ or for more pronounced wrinkles. Targeted strips infused with Hyaluronic Acid Microspheres are applied to wrinkles and areas of concern to plump out lines and reduce their appearance, while a mask is applied to the rest of the face to smooth the skin, leaving your complexion glowing. After your treatment you will notice your lines are less pronounced and skin is younger looking ..£65

**Terre & Mer Organic Facial - 70 minutes**  
This relaxing three step treatment includes a soothing back massage plus cleansing, toning, exfoliation and a sculpting massage of the face plus an application of a luxurious mask and finishing cream to leave your skin soft and your complexion radiant.....£65

**Sea & Senses Face (marine hot stones) - 70 minutes**  
The Sea & Senses sculpting massage, the method at the heart of this treatment, is based on very slow, exclusively circular movements using natural basalt and marine stones. Through this unique sensorial experience, the face regains its natural beauty. Tension melts away, leaving your face radiant and 100% relaxed.....£70

All prices quoted are valid for 2012.



# body

## body treatments

Step into a cocoon of well-being and experience a world of marine beauty. All Thalgo body treatments begin with a “Modelage de la Mer” massage to soothe away tensions and restore your energy balance.

**Body Exfoliation - 25 minutes**  
This full body exfoliation treatment removes dry skin cells and includes an application of Thalgo body cream, leaving your skin feeling silky smooth. Ideal before a massage treatment or holiday..... **£30**

**Back Massage - 25 minutes**  
This treatment includes the back, neck and shoulders. Our therapist will adapt this massage to suit your individual concerns, whether you need deep muscular work or pure relaxation..... **£30**

**Massage with Organic Lavender Oil - 25 minutes**  
This stress-relieving massage with organic lavender oil includes the back, backs of the legs and the feet..... **£35**

**De-Stress Massage - 40 minutes**  
This wonderful massage works on the back, neck, shoulders and the backs of the legs using a de-stress relaxing massage oil. If you are sporty or just need to release tension, it is an excellent way of giving your muscles and limbs a new lease of life ..... **£47**

**Body Brushing - 55 minutes**  
Body Brushing assists in skin exfoliation, increases circulation, helps muscle tone and induces deep relaxation. This treatment involves the use of various types of natural bristle brushes to stroke your entire body and ends with a warm shower followed by an application of Thalgo's Intensive Nutrition Moisturiser..... **£52**

A mini body brush session can be incorporated into your facial or body treatment..... **£17**

**Luxury Back Treatment - 55 minutes**  
This relaxing massage includes cleansing and exfoliation of the back, an application of micronised marine algae and an intensive body moisturiser to leave your skin decongested, fresh and free from tension and stress..... **£55**

**Swedish Full Body Massage - 55 minutes**  
Traditional style movements will ease away all aches and pains. A wonderful deep massage for tired, overworked muscles which thoroughly relaxes you and leaves your mind and body refreshed and re-energised..... **£55**

**Swedish Full Body Massage with Aromatherapy Oils - 55 minutes**  
The same wonderful Swedish massage, with the addition of aromatherapy oils..... **£59**

**Detox Massage - 70 minutes**  
The movements in this massage consist of draining techniques designed to encourage and assist the lymphatic system which helps to eliminate toxins from the body. With a mixture of cold water and warm oils, this is a great way to start a slimming programme..... **£59**

**Aromatic Massage - 55 minutes**  
This massage of the body uses powerful techniques based on Shiatsu and Swedish massage. It activates the circulation and lymphatic system and detoxes and improves the function of the nervous system..... **£59**

**Terre & Mer Massage with Organic Lavender Oil - 55 minutes**  
This stress relieving sculpting massage with organic lavender oil includes the back, back and front of the legs, feet and arms and finishes with a deeply relaxing shoulder, neck and scalp massage, leaving you refreshed in body and mind..... **£59**

**Stone Massage Therapy - 70 minutes**  
The deep heat of the basalt (river rock) stones penetrates the muscles, providing an immediate relaxation response..... **£66**

**Sea & Senses Body (marine hot stones) - 70 minutes**  
Sea & Senses Body is a completely purifying and re-mineralising treatment. The massage uses slow spiral movements with volcanic and marine stones to exfoliate and sculpt the body, leaving you totally relaxed..... **£69**

**Marine Prelude - 70 minutes**  
Ultra-exfoliation combining natural sea salts and marine mud, this treatment eliminates dead skin cells, helps smooth skin, refines texture and invigorates the entire body by activating micro-circulation. Includes reflex activity of the feet..... **£58**

**Micronised Marine Algae Wrap - 60 minutes**  
The original marine algae wrap, rich in minerals, vitamins and micro nutrients, this treatment activates circulation, increases metabolism and relieves aches and pains..... **£58**

**Aromacéane Wrap - 70 minutes**  
An ultra relaxing and cleansing treatment combining essential oils and sea mud. The essential oil will be chosen to suit your specific concerns. Incorporates reflex activity of the feet..... **£58**

**Indocéane - 85 minutes**  
This most sensual of treatments commences with a Mediterranean influenced body exfoliation followed by an Ayurvedic inspired massage using warmed oils and an ancient Indian technique. The final Chinese step is a sublime body wrap with elements which harness the serenity and relaxing powers of the Orient..... **£84**



# holistic & beauty

## holistic treatments

Restore your mind, body and spirit and experience one of our Complementary therapies.

### Reflexology - 50 minutes

A non invasive treatment where specialised pressure point techniques are applied to the feet. Reflexology is good for relaxation, it improves circulation and lymphatic drainage and relieves aches and pains.....£43

### Indian Head Massage - 25 minutes

This treatment will help relieve headaches, insomnia, eye strain, mental tiredness and stress. It works both on the body and mind and is wonderfully relaxing and revitalising.....£35

### Reiki - 50 minutes

A natural healing method that allows you to absorb more life force energy. A series of hand positions are used to channel healing energy to different parts of the body. It strengthens your mind, body and spirit and it helps to prevent and fight illness.....£39

## make-up

100% pure bareMinerals is a make-up that acts like skincare, and includes a range of complexion and eye products. Made with pure, crushed minerals from the earth, bareMinerals SPF 15 foundation looks like a powder, feels like a cream and buffs on like silk, giving skin a natural luminosity.

### Full Make Over - 45 minutes

This treatment includes a consultation and a full cleanse and tone. Eye cream and moisturiser is applied to the skin before an application of make-up using shades to suit you.....£35

### Bridal Make Over - 100 minutes

This includes a consultation and a trial make over prior to your wedding day and a make over on the day of your wedding.....£65

## eyes

Eyebrow Shape.....	£10.50
Eyebrow Tint.....	£9.00
Eyelash Tint.....	£10.50
Complete Eye.....	£26.00

(includes eyebrow shape and tint plus eyelash tint)

Please note that it is essential that all clients have a patch test at least 24 hours prior to eye lash or eye brow tinting.

## tanning

### Tanning - 55 minutes

Be bronzed and beautiful without the harmful effects of the sun. The application of the bronzing spray by our therapist follows a full body exfoliation to remove dry skin cells, ensuring your skin will be silky smooth with a healthy glow.....£42

## hair removal

Professional • Hygienic • Disposable

The only fully disposable applicator waxing system in the world, PhD guarantees you beautifully soft and smooth results.

Forearm.....	£15.50
Bikini Line.....	£10.50
Full Leg & Bikini Line.....	£29.00
Full Leg.....	£26.00
Half Leg.....	£18.50
Underarm.....	£10.50
Lip Wax.....	£10.50
Chin Wax.....	£10.50
Lip & Chin Wax.....	£16.00
Eyebrow Wax.....	£10.50
Back Wax.....	£18.50

## manicure /pedicure

The nails are cared for using the Naittiques Therapeutic system which promotes healthy nail growth using a balance of proteins and conditioners.

Naittiques Therapeutic Manicure including Heat Treatment - 55 minutes.....£26

with a Nail Paint - 75 minutes.....£32

Mini Naittiques Manicure or Pedicure - 25 minutes  
Nails are shaped and polish is applied.....£17.00

Men's Sports Manicure - 25 minutes.....£14.00

Nail Paint - 20 minutes .....£10.50

Naittiques Therapeutic Pedicure with Heat Treatment - 70 minutes.....£37

with a Nail Paint - 90 minutes.....£43

### Anti-ageing Collagen Hand Treatment - 25 minutes

Designed to combat the signs of ageing, this treatment includes a hand cleanse and exfoliation followed by an application of cream with heated mittens, plus a collagen moisturiser.....£23



for men

## men's grooming

### Men's Grooming MOT - 75 minutes

For the man in a hurry. A mini customised facial along with a back massage and a sports manicure.....£65

### Manicure & Pedicure

These treatments use the Nailtiques Therapeutic system to promote healthy nail growth using a balance of proteins and conditioners.

Sports Manicure - 25 minutes.....£14

Pedicure with Heat Treatment - 70 minutes.....£37

## facial treatments

### Male Mini Facial - 25 minutes

Designed for the man in a hurry, a full cleanse, tone and exfoliation of the face and a relaxing neck and shoulder massage, finished with an application of eye cream and moisturiser.....£30

### Organic Facial - 25 minutes

Perfect for all skin types, the results are instant! Completely nourished and hydrated, the skin is incredibly soft and rested and the complexion is radiant.....£35

### Cold Marine Facial - 55 minutes

Consisting of a soothing clay mask and a creamy milk, this treatment is a haven of relaxation for sensitive skin. Perfect for blotchiness and irritability.....£48

### Re-balancing Mask with Micronised Marine Algae - 55 minutes

Combining pure natural seaweed, rich in minerals and vitamins, with high potency marine extracts, this treatment stabilises and deep cleanses. Its anti-bacterial effect is ideal for combination, oily and problem skin types.....£48

### Hot Stone Facial Massage - 55 minutes

Experience the ultimate in peace and relaxation. After a deep cleansing and exfoliation, the relaxing facial massage using heated basalt stones will melt away any tension.....£48

### Ocean Facial - 55 minutes

Men's skin has special needs; it is thicker, richer in sebum and can be stressed by the daily process of shaving. This facial incorporates relaxing massage movements and the application of a purifying mask to diffuse all the goodness of the Algue Bleue Vitale directly to the heart of the skin.....£48

### Terre & Mer Organic Facial - 70 minutes

This relaxing three step treatment includes a soothing back massage plus cleansing, toning, exfoliation and a sculpting massage of the face and an application of a luxurious mask and finishing cream to leave your skin soft and your complexion radiant.....£65

## body treatments

### Body Exfoliation - 25 minutes

This full body exfoliation treatment removes dry skin cells and includes an application of Thalgo body cream, leaving your skin feeling silky smooth. Ideal before a massage treatment or before a holiday.....£30

### Back Massage - 25 minutes

The therapist will adapt this back, neck and shoulder treatment to suit your individual concerns, whether this be deep muscular work or pure relaxation.....£30

### Massage with Organic Lavender Oil

- 25 minutes  
This stress-relieving massage with organic lavender oil includes the back, backs of the legs and the feet.....£35

### De-Stress Massage - 40 minutes

This wonderful massage works on the back, neck, shoulders and the backs of the legs using a de-stress relaxing massage oil. If you are sporty or just need to release tension, it is an excellent way of giving your muscles and limbs a new lease of life.....£47

### Swedish Full Body Massage - 55 minutes

The traditional style movements of this massage will ease away all aches and pains, leaving the mind and body relaxed, refreshed and re-energised.....£55

### Swedish Full Body Massage & Aromatherapy Oils - 55 minutes

.....£59

### Luxury Back Treatment - 55 minutes

This relaxing massage includes cleansing and exfoliation of the back, an application of micronised marine algae and an intensive body moisturiser to leave the skin decongested, fresh and free from tension and stress.....£55

### Micronised Marine Algae Body Wrap - 60 minutes

This treatment activates circulation, increases metabolism and relieves aches and pains. Excellent for total relaxation.....£58

### Terre & Mer Massage with Organic Lavender Oil - 55 minutes

This stress relieving sculpting massage with organic lavender oil includes the back, back and front of the legs, feet and arms and finishes with a deeply relaxing shoulder, neck and scalp massage, leaving you refreshed in body and mind.....£59

### Stone Massage Therapy - 70 minutes

The deep heat of the basalt (river rock) stones penetrates the muscles, providing an immediate relaxation response. Mentally, you reach a state of relaxation within minutes of applying the first stones.....£66



# treatment packages

## packages

For any special occasion our therapist can devise a package of treatments personalised to your needs. Here is just a selection of the packages available.

### Wedding Day – “Hers” - 165 minutes

Includes a trial make over, a mini Naitiques manicure and pedicure with nail paint and eyebrow shaping prior to your wedding day and a make over on your wedding day.....£95

### Wedding Day – “His” - 135 minutes

Includes the Ocean facial, a sports manicure and a luxury back treatment designed to cater for the Groom’s every need.....£95

### Bride-to-Be

For this very special day in your life. One of our therapists will devise a package to ensure you look your best from top to toe.  
.....Price after consultation

### Mother of the Bride – 90 minutes

Includes an Age-defying facial and a mini Naitiques manicure and pedicure to ensure you look your best for that special day.....£55

### Party Night – 110 minutes

Let us get you ready for that special evening with a mini facial customised to suit your skin type, a mini Naitiques manicure and pedicure and an application of make-up using shades to suit you. Have fun!.....£80

### Sea & Senses Face & Body (marine hot stones) - 140 minutes

The Sea & Senses face and body treatments use hot marine stones and slow circular massage movements to induce deep relaxation. For more details of these treatments please refer to the Facial treatments and Body treatments sections in this brochure.....£110

### De-stress & Relax - 120 minutes

This is total all over relaxation. For your face, a customised facial to suit your skin. For your body, an amazing body brushing session finished with an application of Intensive Nutrition Cream to hydrate your skin. For your feet, a blissful foot and ankle massage to leave you floating on air!.....£85

### Retreat for Two - 80 minutes

A full body brushing session and Indian Head massage designed to transport you to a place where tension and stress melt away\*.

\*The treatments must be taken on the same day.  
.....£130 for 2 people

### Holiday Preparation - 100 minutes

A mini hydrating facial, a body exfoliation, an eyelash tint\* and a mini pedicure with nail paint.....£75

\* A patch test is required 24 hours prior to this treatment.

### Fountain of Youth - 80 minutes

Includes the Hyaluronic facial designed to plump out lines and reduce their appearance leaving your complexion glowing. You will notice your lines are less pronounced and your skin is younger looking. The package also includes an Anti-ageing Collagen hand treatment.....£75

### Mother-to-Be - 75 minutes

For extra pampering during pregnancy, this package makes a welcome treat. We have included a mini facial, customised to suit your skin, a relaxing back massage and a mini Naitiques pedicure.....£65

### Terre & Mer Face and Body with Organic Lavender Oil – 120 mins

This wonderful stress relieving package is suitable for all skin types and is truly relaxing. The three step organic facial brings unrivalled softness to the skin and includes a welcoming back massage, skin cleansing and exfoliation, followed by a skin treatment with facial massage and a double mask application. The specialised body massage with organic lavender oil includes the legs, arms and back, concluding with a pressure point scalp massage to release tension. Your skin is left soft and radiant and your body totally relaxed.....£95

### Men’s Grooming MOT - 75 minutes

For the man in a hurry. A mini customised facial along with a back massage and a sports manicure.....£65

### Ultimate Relaxation - 95 minutes

This includes a de-stress massage that works on the back, neck, shoulders and backs of the legs using a relaxing de-stress massage oil, followed by a hot stone facial massage. After a deep-cleansing and exfoliation of the face, the gentle massage action using the heated basalt stones produces a soothing state of relaxation and wellbeing  
.....£85



# spa days

## spa days

Surrounded by beautiful parkland, yet only minutes from Sutton Coldfield, the Spa at BEST WESTERN PREMIER Moor Hall is the perfect place to escape, unwind and enjoy a day of pure relaxation at its best.

The Spa is superbly equipped with the best of leisure facilities and the relaxing atmosphere, the wide range of treatments and the friendly therapists will be sure to make the experience one to remember.

Our Spa Days are ideal as a get together for friends or as a treat for yourself or a special loved one. Just one day of pampering can make the stresses of modern life melt away, leaving you relaxed, refreshed and looking and feeling wonderful.

We offer a fabulous selection of Spa Days which incorporate various treatments, lunch and refreshments and full use of the extensive leisure facilities including indoor pool, spa bath, steam room, sauna and gym, plus access to fitness classes, allowing you to indulge in a day of total relaxation. Along with your treatments, all our day packages include ample time to enjoy the facilities plus:

- A welcome tea or coffee with toast and preserves on arrival, between 8.00 and 8.30am
- A full tour of the facilities
- The use of a robe for the day
- Complimentary tea and coffee throughout the day
- Full use of our gymnasium, indoor pool, spa bath, sauna and steam room and access to fitness classes
- Lunch in the Spa lounge
- Coffee or tea and biscuits before you leave at 5.30pm
- 10% off any purchase of Thalgo products made on the day

Once you've booked, all that's left to do is relax and enjoy your Spa Day at Best Western Premier Moor Hall!

### Beauty Day

Includes a skin consultation, a choice of full facial\* to suit your skin type plus either a mini manicure or a mini pedicure.....**£85 per person per day**  
\* excluding Collagen facial, Hyaluronic facial, Sea & Senses Face and Terre & Mer

### Organic Retreat Day

Includes a mini Organic facial, perfect for all skin types. Nourished and hydrated, the skin is incredibly soft and rested and the complexion is radiant. For your body there's a stress-relieving massage with organic lavender oil for the back, backs of the legs and the feet.....**£85 per person per day**

### Pure Indulgence Day

Includes either the Sea & Senses Face or Sea & Senses Body treatment...**£90 per person per day**

### Men's Recovery Day

Includes a De-Stress massage and a mini customised facial.....**£95 per person per day**

### The Ultimate Retreat Day

Includes the wonderful Indocéane exotic ritual, commencing with a body exfoliation followed by a Ayurvedic inspired massage and finished with a sublime body wrap.....**£100 per person per day**

### Mind and Body Day

Includes an Indian Head massage and a De-Stress massage.....**£100 per person per day**

### Purifying Day

Includes a choice of body wrap and a mini facial.....**£105 per person per day**

### Relax and Refresh Day

Includes either a full Swedish massage or an Aromatic massage and a mini facial.....**£105 per person per day**

### Moor Hall Escape Day

Includes a mini customised facial, a back massage, a mini manicure and a mini pedicure.....**£105 per person per day**

### Earth and Sea Day

Includes a Terre & Mer Organic facial and a Terre and Mer body massage with organic lavender oil.....**£135 per person per day**

### Top to Toe Day

Includes a full facial, a body massage or body wrap plus a full therapeutic manicure and pedicure with nail paint.....**£170 per person per day**

### Why not extend your Spa Day with a relaxing overnight stay at BEST WESTERN PREMIER Moor Hall?

Take the opportunity to wine and dine in our Oak Room restaurant and to enjoy the comfort of our luxurious bedrooms.

For more details, please see our Spa Breaks leaflet.

## monthly promotions

Our monthly spa offers allow you to try a new or enjoy a favourite spa treatment at a specially reduced price. For details of our current offers please see the spa page of our website or email [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk) and we'll send you details of the offers every month, direct to your inbox!

## gift vouchers

Spa gift vouchers are perfect for birthdays, anniversaries, Christmas or just to say "thank you" and are redeemable against our full range of products and treatments.

## courses of treatments

For maximum results we recommend that facial and body treatments are taken as courses of 6 to 12 sessions. Buy a course of 5 treatments and the 6th is complimentary!

## Spa products

We are delighted to offer a full range of Thalgo skin care products, bareMinerals make-up and Naitiques therapeutic nailcare products for use at home and we offer a mail order service direct to your door\*. Simply call us on 0121 334 2323 or email [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk).

\* A small charge will apply for postage and packing.

## overnight stays

If you would like to enjoy dinner and an overnight stay at BEST WESTERN PREMIER Moor Hall please see our Spa Breaks leaflet.

## opening hours

**Monday, Tuesday, Wednesday & Saturday**

9am - 7pm

**Thursday & Friday**

9am - 9pm

**Sunday**

9am - 5pm

## extra information

For all treatments, please allow an extra 15 minutes for the first appointment.

Regretfully, late arrival for your appointment will constitute a reduced treatment time.

All times quoted include treatment, preparation and consultation.

When booking a treatment, please advise us of any relevant medical conditions.

It is not advisable to take a shower, swim or use a sauna or steam room for a minimum of 3 - 4 hours after body treatments to ensure maximum benefits from the products used.

We advise on the day of your tanning treatment to wear loose fitting clothing.

Waxing and facial treatments should not be received directly before or after heat treatments, i.e. sunbed, sauna or steam room.

Pedicures are not recommended where there is evidence of athlete's foot or verrucas.

Patch testing procedures are advised for any clients that suffer from skin sensitivity, contact eczema, dermatitis, psoriasis or food allergies and are essential for eyelash and eyebrow tinting.

All prices and treatments are correct at the time of going to print and are subject to revision without notice.

We accept all major credit cards.

Payment for Spa Days is required at the time of booking.

Cancellation Policy: Treatment appointments cancelled within 24 hours will incur a 50% cancellation charge. No refunds are given for cancellations or postponements of Spa Days and the following policy applies. If the cancellation is received more than 14 days in advance the Spa Day may be rebooked within 3 months\*. Cancellations received within 14 days will incur a 50% charge; the other 50% will be transferred to a rebooking made within 3 months\*. Cancellations received within 7 days will incur a 100% charge.

\* Subject to availability



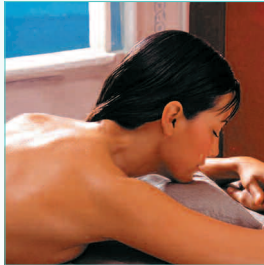
**BEST WESTERN PREMIER Moor Hall Hotel & Spa**, Moor Hall Drive, Four Oaks, Sutton Coldfield, West Midlands B75 6LN  
T: 0121 334 2323 (Spa) T: 0121 308 3751 (Hotel) E: [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk) W: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

 BEST WESTERN PREMIER Moor Hall Hotel & Spa is part of Webb Hotels & Travel  
W: [www.webbhotelsandtravel.co.uk](http://www.webbhotelsandtravel.co.uk)



# PREMIER

Family owned  
for over  
**50**  
years



*the* **Spa**  
*at*

BEST WESTERN PREMIER  
Moor Hall Hotel  
\*\*\*\*

#### Opening Hours

Monday, Tuesday, Wednesday & Saturday: 9am - 7pm • Thursday & Friday: 9am - 9pm • Sunday: 9am - 5pm

**BEST WESTERN PREMIER Moor Hall Hotel & Spa**, Moor Hall Drive, Four Oaks, Sutton Coldfield, West Midlands B75 6LN  
T: 0121 334 2323 (Spa) T: 0121 308 3751 (Hotel) E: [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk) W: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

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