

A teal background with white flowers in the upper left and a dark stone in the lower center. A semi-transparent teal square is centered over the text.

MASSAGES

MANICURES & PEDICURES

FACIALS

WAXING & MAKE-UP

SPA DAYS & BREAKS

BODY WRAPS

GIFT VOUCHERS

COMPLEMENTARY THERAPIES

The Spa logo features the word "the" in a small, lowercase serif font, followed by "Spa" in a large, elegant, cursive script. To the right of "Spa" is a small, stylized graphic of a flower or starburst.

the Spa

MOOR HALL HOTEL & SPA

## OPENING HOURS

Monday, Tuesday, Wednesday & Saturday	9am - 7pm
Thursday & Friday	9am - 9pm
Sunday	9am - 5pm

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## SPA PRODUCTS

We are delighted to offer a full range of Thalgo skin care products, bareMinerals make-up and Nailtiques therapeutic nailcare products for use at home and we offer a mail order service direct to your door - a small charge will apply for postage and packing. Simply call us on 0121 334 2323 or email [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk).

### THALGO LA BEAUTE MARINE

Thalgo products harness the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties, vital for health and wellbeing. Thalgo's exceptional body treatments refine, tone and ease tensions, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

### bareMinerals®

Bare Escentuals bareMinerals is a professional quality, multi-functional make-up range that started the revolution in mineral make-up. All the foundations, as well as the cheek and eye colours have been crushed to a silky, creamy powder form... but it's not a powder, these are 100% natural minerals from the earth, with no additives. The formula provides impeccable coverage for every skin type and skin tone, and protects with a natural sunscreen.

### nailtiques®

Contrary to popular belief, healthy, flexible nails are achievable by anyone, whatever their nail type - all they need is a little loving care and attention. Nailtiques Protein Formulas, creams, gels and oils gently nourish your hands and feet back into tip-top shape, leaving your nails looking perfectly groomed and your skin silky smooth.




# the Spa



The Spa at Moor Hall Hotel is the perfect place to relax and forget the stresses of modern living for a few precious hours.

Our experienced and professional therapists offer a wide range of Thalgo facial and body treatments suitable for men and women, plus Complementary therapies like Indian Head Massage and Reflexology, so whether you need to relax, de-stress, detox or just enjoy a little pampering, you are sure to find the perfect treatment for you.

After your chosen treatment make time to relax in the Spa Lounge. The cares and stresses of your daily life will melt away, leaving you refreshed, relaxed and invigorated in mind, body and soul.



# FACIAL TREATMENTS

All Thalgo facials begin with a “Discovery of the Sea” massage to ease tensions and immerse you in a relaxing aquatic cocoon.

## **Thalgo Discovery Facial - 25 mins £44**

The perfect express facial for an instant infusion of marine active ingredients, tailored to your skin type. After a relaxing welcome massage and cleansing ritual, a skin specific mask is applied with a soothing massage. When the mask is removed, the Thalgo moisturiser and eye cream best suited to your skin is applied. After this pick-me-up, you will feel refreshed and your skin will be glowing.

## **Illuminating Radiance Facial - 25 mins £44**

This facial includes a cleanse, tone and exfoliation, after which the Ultra Radiance Mask is applied. An energising diditopressure massage helps the smoothing and radiance-boosting active ingredients absorb into the skin. The application of Absolute Radiance Concentrate to the face and neck awakens the skin and the treatment is finished with a skin specific cream, leaving the complexion fresh and radiant.

## **Anti-ageing Facial - 25 mins £44**

An effective facial for maturing skin to help minimise lines and wrinkles around the eyes, neck, lips and jaw line. The treatment includes a unique Thalgo anti-ageing massage technique with age-defying products to leave your skin bright and youthful looking.

## **Prescription Facial - 55 mins £55**

A tailor made facial to meet your particular needs and concerns. After a personal consultation, our therapist will analyse your skin to determine which Thalgo products will be best suited to you.

## **Thalgo 3 Algae Facial - 55 mins £60**

Combining pure natural seaweed, rich in minerals and vitamins, with high potency marine extracts, this facial stabilises and deep cleanses. Its anti-bacterial effect is ideal for combination, oily and problem skin types.

## **Heart of the Ocean Rituals - 55 mins £60**

This personalised Thalgo signature facial ritual begins with a relaxing massage after which the skin is gently cleansed and exfoliated. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage to relax the facial muscles and relieve tension in the arms, shoulders and neck. This is followed by a skin specific mask to correct any skin concerns. The treatment finishes with an application of moisturiser, leaving the complexion restored to its natural beauty.

### **Source Marine Ritual**

for normal or dehydrated skin.

### **Cold Cream Marine Ritual**

for sensitive, dry or very dry skin.

### **Pureté Marine Ritual**

for oily or combination skin.

THE FACE

You can book spa treatments instantly on our website: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

# THE FACE



## **Collagen Radiance Facial - 55 mins** **£78**

This facial is designed for first wrinkles and gives instant results. An anti-ageing massage will lift the features and help the skin drink the Marine Collagen. The Collagen mask smooths fine lines and has a plumping effect.

## **Hyaluronic Smooth & Fill Facial - 55 mins** **£78**

This smoothing and filling facial is designed for age 35+ or for more pronounced wrinkles. Targeted strips infused with Hyaluronic Acid Microspheres are applied to wrinkles and areas of concern to plump out lines and reduce their appearance, while a mask is applied to the rest of the face to smooth the skin, leaving your complexion glowing. After your treatment you will notice that your fine lines are less pronounced and your skin is younger looking.

## **Silicium Super Lift Facial - 70mins** **£80**

Dare to defy time with this super lift facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). An expert anti-ageing massage lifts the features, before a super-lifting mask is applied to fill deeper wrinkles and lift and contour the face and neck. After one treatment your complexion will glow, lines be less noticeable and your skin will be firmer and more youthful looking.

## **Exceptional Ultimate Time Solution Ritual - 85 mins** **£90**

Using Thalgo's revolutionary massage technique, Energilift, this "manual facelift" targets and tightens individual facial muscles and visibly lifts the entire face, providing the ultimate anti-ageing facial to combat all signs of ageing and hormonal deficiencies. Skin is left visibly smoother, brighter, lifted and nourished.

# BODY TREATMENTS

Step into a cocoon of well-being and experience a world of marine beauty. All Thalgo body treatments begin with a “Modelage de la Mer” massage to soothe away tensions and restore your energy balance.

## **Body Exfoliation - 25 mins**

This full body exfoliation treatment removes dry skin cells and includes an application of Thalgo body cream to leave your skin feeling silky smooth.

## **Back, Neck & Shoulder Massage - 25 mins £39**

This massage focuses on the key areas of tension in the back, neck and shoulders.

## **Shoulder, Neck & Scalp Massage - 25 mins £39**

This massage focuses on the key areas of tension in the shoulders, neck and scalp.

## **Massage with Organic**

### **Lavender Oil - 25 mins**

This relaxation massage with organic lavender oil includes the back, backs of the legs and the feet.

### **Massage with Honey Oil - 25 mins**

Totally relaxing and gentle, this massage with honey oil includes the head, neck, shoulders, back and the arms.

### **De-stress Massage - 40 mins**

This wonderful massage works on the back, neck, shoulders and the backs of the legs using a de-stress relaxing massage oil.

### **Luxury Back Treatment - 55 mins**

A deeply relaxing back treatment to rebalance and purify. Includes cleansing and exfoliation, an application of micronised marine algae and an intensive moisturiser to leave your skin fresh and your back free from tension and stress.

### **Swedish Full Body Massage - 55 mins**

Traditional style movements will ease away all aches and pains. A wonderful deep massage for tired, overworked muscles which thoroughly relaxes you and leaves your mind and body refreshed and re-energised.

### **Swedish Full Body Massage**

#### **with Oils - 55 mins**

The same wonderful Swedish massage with the addition of oils depending on your desired effect.

## **£44 Marine Wellbeing Massage - 55 mins**

Inspired by the infinite power of the Oceans, Thalgo's Marine Wellbeing Massage incorporates the powerful techniques of Shiatsu and Swedish massage, together with some ocean-reflecting movements. It begins with the Discovery of the Sea welcome massage to relax the body and relieve tension, followed by specific movements over the entire body and energising digitopressures on the face, allowing you to truly unwind.

Choose from five oil options, depending on your desired effect and preferred fragrance.

### **Aromacéane Relaxing Massage Oil**

A blend of Fucus algae, magnolia, French lavender, rose chamomile and neroli to restore calm and serenity.

### **Aromacéane Silhouette Massage Oil**

A blend of Fucus algae, spearmint, lime, grapefruit, geranium, Atlas cedar and chamomile, to improve circulation and energise, detoxify and drain the body.

### **Organic Lavender Massage oil**

With organic olive, sunflower and sweet almond oils to nourish, smooth and soften the skin, this massage oil is also scented with organic lavender and marjoram essential oils to deeply relax and calm.

### **Mahana Massage Oil**

This nourishing and protective massage oil combines a seaweed plant complex with sunflower, sesame and apricot kernel oils and is scented with Tiare.

### **Luxurious Massage Oil**

With essential oils of sandalwood, cedar and patchouli together with an Indian medicinal oil to relax, regenerate and restore essential vitality.

### **Detox Massage - 70 mins**

The movements in this massage consist of draining techniques designed to encourage and assist the lymphatic system which helps to eliminate toxins from the body. Using a mixture of cold water and warm oils, this is a great way to start a slimming programme.

**£75**

**£45**

**£54**

**£59**

**£71**

**£71**

**£75**

**£78**

# THE BODY

## **Marine Prelude Wrap - 70 mins** £75

This ultimate exfoliation treatment uses Marine Salt to smooth dry skin whilst remineralising the whole body using a Marine Mud wrap. The skin looks healthier and more radiant and is left feeling soft and smooth.

## **Thalgo 3 Algae Wrap - 60 mins** £75

The original intensive remineralising and detoxifying algae wrap. Ideal for relieving muscular aches and strains, for general well-being and as a pick-me-up.

## **Aromacéane Wrap - 70 mins** £75

A holistic remineralising body wrap incorporating Natural Marine Mud and Aromacéane Essential Oils. The treatment includes a reflex activity of the feet.

## **Stone Massage Therapy - 70 mins** £82

The deep heat of the basalt (river rock) stones penetrates the muscles, providing an immediate relaxation response. Mentally, you reach a state of relaxation within minutes of applying the first stones.

## **Cold Cream Marine Body Ritual - 60 mins** £75

The ultimate nourishing body treatment which restores comfort to dry and very dry skin. The ritual begins with a relaxing massage using a nourishing cream balm, the body is then treated to a deeply hydrating body wrap to soothe the skin and relieve any feelings of dryness, restoring a feeling of comfort. Whilst this is taking effect, a hand and foot massage promotes relaxation and eases tension, revitalising the whole body.

## **Indocéane Spa Ritual - 85 mins** £102

This most sensual of treatments commences with a Mediterranean influenced body exfoliation followed by an Ayurvedic inspired massage using warmed oils and an ancient Indian technique. The final Chinese step is a sublime body wrap with elements which harness the serenity and relaxing powers of the Orient.



## HOLISTIC TREATMENTS

Restore your mind, body and spirit and experience one of our Complementary therapies.

### **Indian Head Massage** - 25 mins **£44**

This treatment will help relieve headaches, insomnia, eye strain, mental tiredness and stress. It works both on the body and mind and is wonderfully relaxing and revitalising.

### **Reflexology** - 50 mins **£49**

A non-invasive treatment where specialised pressure point techniques are applied to the feet. Reflexology is good for relaxation, it improves circulation and lymphatic drainage and relieves aches and pains.

## MANICURE & PEDICURE

**nailtiques®**

The nails are cared for using the Nailtiques Therapeutic system which promotes healthy nail growth using a balance of proteins and conditioners.

### **Mini Nailtiques Manicure or Pedicure** - 25 mins **£23**

Nail shaping, cuticle treatment and an arm or foot massage followed by a clear protein treatment applied to the nails.

### **Nail File & Paint** - 25 mins **£23**

### **Nailtiques Therapeutic Deluxe Manicure** - 55 mins **£36**

A luxury hand and nail treatment for dry skin and nails. The treatment involves a nourishing hand mask in heated gloves, a hand and arm massage and a protein treatment to finish.

### **With Nail Paint** - 75 mins **£44**

### **Men's Sports Manicure** - 25 mins **£23**

### **Nailtiques Therapeutic Deluxe Pedicure** - 70 mins **£48**

A luxury foot treatment which includes a refreshing foot spa, the removal of hard skin and a cuticle treatment plus a nourishing foot mask in heated booties, a foot and leg massage and a protein treatment to end.

### **With Nail Paint** - 90 mins **£57**

## HAND & FOOT TREATMENTS

Marine cold cream-enriched treatments that effectively repair, protect and lipid-replenish dry, very dry and sensitive skin for unrivalled long-lasting comfort.

### **Deeply Nourishing Hand Treatment** - 25 mins **£26**

This deeply replenishing and relaxing treatment features an exfoliation of the hands, followed by a specific massage technique to repair, protect and restore comfort to dry hands.

### **Deeply Nourishing Foot Treatment** - 25 mins **£26**

This deeply replenishing and relaxing treatment features an exfoliation of the feet, followed by a specific massage technique to repair, protect and restore comfort so your feet look their best.

You can book spa treatments instantly on our website: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)



# MAKE UP

bareMinerals

100% pure bareMinerals is a make-up that acts like skincare, and includes a range of complexion and eye products. Made with pure, crushed minerals from the earth, bareMinerals SPF 15 foundation looks like a powder, feels like a cream and buffs on like silk, giving skin a natural luminosity.

## **Full Make Over - 50 mins** **£45**

This treatment includes a consultation and a full cleanse and tone. Eye cream and moisturiser is applied to the skin before an application of make-up using shades to suit you.

## **Full Make Over & Trial - 100 mins** **£84**

This includes a consultation and a trial make over prior to your special occasion and a make over on your special day.

# EYES

## **Eyebrow Shape** **£13.50**

## **Eyebrow Tint** **£11.50**

## **Eyelash Tint** **£13.50**

## **Complete Eye** **£30**

(includes eyebrow shape and tint plus eyelash tint)

*Please note that it is essential that all clients have a patch test at least 24 hours prior to eyelash or eyebrow tinting.*

# HAIR REMOVAL

The only fully disposable applicator waxing system in the world, PhD guarantees you beautifully soft and smooth results.

## **Forearm** **£19** **Lip Wax** **£14**

## **Bikini Line** **£14** **Chin Wax** **£14**

## **Full Leg & Bikini Line** **£34** **Lip & Chin Wax** **£20**

## **Full Leg** **£30** **Eyebrow Wax** **£14**

## **Half Leg** **£22** **Back Wax** **£30**

## **Underarm** **£14**

BEAUTY



## BODY TREATMENTS

### Body Exfoliation - 25 mins **£44**

This full body exfoliation treatment removes dry skin cells and includes an application of Thalgo body cream to leave your skin feeling silky smooth.

### Back, Neck & Shoulder Massage - 25 mins **£39**

This massage focuses on the key areas of tension in the back, neck and shoulders.

### Shoulder, Neck & Scalp Massage - 25 mins **£39**

This massage focuses on the key areas of tension in the shoulders, neck and scalp.

### Massage with Organic

#### Lavender Oil - 25 mins **£45**

This relaxation massage with organic lavender oil includes the back, backs of the legs and the feet.

#### Massage with Honey Oil - 25 mins **£54**

Totally relaxing and gentle, this massage with honey oil includes the head, neck, shoulders, back and the arms.

#### De-stress Massage - 40 mins **£59**

This wonderful massage works on the back, neck, shoulders and the backs of the legs using a de-stress relaxing massage oil. If you are sporty or just need to release tension, it is an excellent way of giving your muscles and limbs a new lease of life.

#### Luxury Back Treatment - 55 mins **£71**

A deeply relaxing back treatment to rebalance and purify. Includes cleansing and exfoliation, an application of micronised marine algae and an intensive moisturiser to leave your skin fresh and your back free from tension and stress.

#### Swedish Full Body Massage - 55 mins **£71**

Traditional style movements will ease away all aches and pains. A wonderful deep massage for tired, overworked muscles which thoroughly relaxes you and leaves your mind and body refreshed and re-energised.

#### Swedish Full Body Massage with Oils - 55 mins **£75**

The same wonderful Swedish massage with the addition of oils depending on your desired effect.

#### Thalgo 3 Algae Wrap - 60 mins **£75**

The original intensive remineralising and detoxifying algae wrap. Ideal to relieve muscular aches and strains, for general well-being and as a pick-me-up.

#### Marine Wellbeing Massage - 55 mins **£75**

Inspired by the infinite power of the Oceans, Thalgo's Marine Wellbeing Massage incorporates the powerful techniques of Shiatsu and Swedish massage, together with some ocean-reflecting movements. It begins with the Discovery of the Sea welcome massage to relax the body and relieve tension, followed by specific movements over the entire body and energising digitopressures on the face, allowing you to truly unwind.

Choose from five oil options, depending on your desired effect and preferred fragrance.

#### Stone Massage Therapy - 70 mins **£82**

The deep heat of the basalt (river rock) stones penetrates the muscles, providing an immediate relaxation response. Mentally, you reach a state of relaxation within minutes of applying the first stones.

## MANICURE & PEDICURE

These treatments use the Nailtiques Therapeutic system to promote healthy nail growth using a balance of proteins and conditioners.

#### Sports Manicure - 25 mins

#### **£23** Nailtiques Therapeutic Deluxe Pedicure - 70 mins

**£48**

You can book spa treatments instantly on our website: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

## FACIAL TREATMENTS

### **Thalgo Discovery Facial - 25 mins** **£44**

The perfect express facial for an instant infusion of marine active ingredients, tailored to your skin type. After a relaxing welcome massage and cleansing ritual, a skin specific mask is applied with a soothing massage. When the mask is removed, the Thalgo moisturiser and eye cream best suited to your skin is applied. After this pick-me-up, you will feel refreshed and your skin will be glowing.

### **Thalgo 3 Algae Facial - 55 mins** **£60**

Combining pure natural seaweed, rich in minerals and vitamins, with high potency marine extracts, this treatment stabilises and deep cleanses. Its anti-bacterial effect is ideal for combination, oily and problem skin types.

### **ThalgoMen Ocean Ritual Facial - 55 mins** **£60**

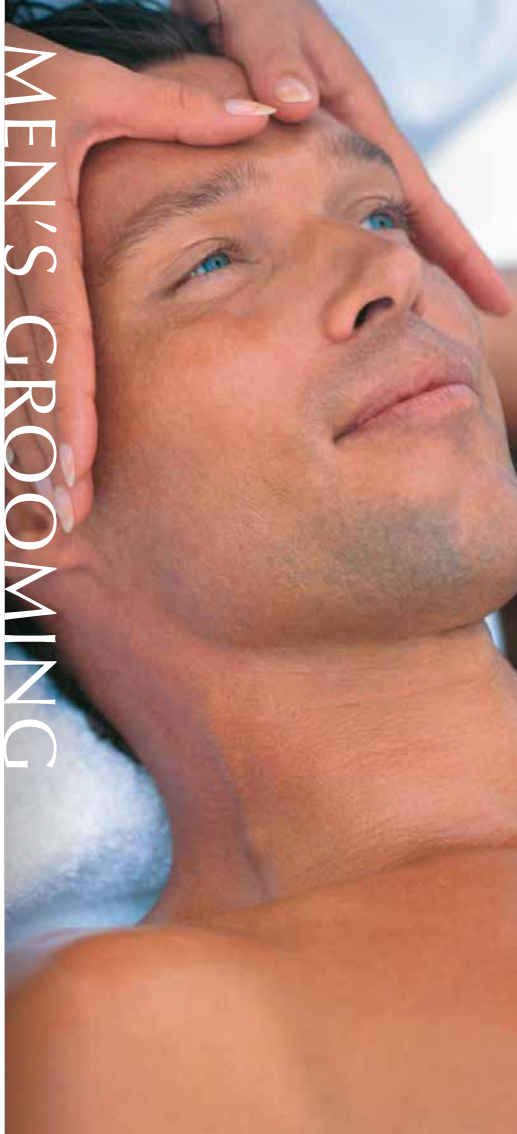
This high-tech facial for stressed male skin combines energising marine active ingredients with relaxing massage movements to diffuse them directly to the heart of the skin. Relaxed and recharged, your skin regains all its energy and balance and signs of tiredness are erased.

## TREATMENT PACKAGE

### **Men's Grooming MOT - 75 mins** **£85**

"3 treatments in 1 for the man in a hurry" - a Thalgo Discovery facial along with a back, neck and shoulder massage and a sports manicure.

MEN'S GROOMING





# TREATMENT PACKAGES

For any special occasion our therapist can devise a package of treatments personalised to your needs. Here is just a selection of the packages available.

### **Wedding Day - "Hers" - 120 mins** **£92**

Includes a trial make over prior to your wedding day and a deeply nourishing hand treatment, plus a cleanse and exfoliation and a make over on your wedding day.

### **Wedding Day - "His" - 70 mins** **£85**

Includes a Thalgo Discovery facial, a sports manicure and a back, neck and shoulder massage, designed to cater for the groom's every need.

### **Bride-to-Be** **Price after consultation**

For this very special day in your life, one of our therapists will devise a package to ensure you look your best from top to toe.

### **Mother of the Bride - 50 mins** **£58**

Includes an anti-ageing facial and a deeply nourishing hand treatment.

### **"Me Time" - 70 mins** **£90**

For your face, Thalgo's Discovery facial designed to suit your own skin type which incorporates a full cleanse, tone, exfoliation and mask and is finished with an application of eye cream and moisturiser. For your body, a stress-relieving massage with organic lavender oil that includes the back, backs of the legs and the feet and a deeply nourishing hand treatment.

### **Holiday Preparation - 90 mins** **£95**

A Thalgo Discovery facial designed to suit your own skin type, a body exfoliation, an eyelash tint\* and a mini pedicure or a file and paint.

*\* A patch test is required 24 hours prior to this treatment.*

You can book spa treatments instantly on our website:  
[www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

### **Relax and Revitalise - 55 mins** **£70**

A stress relieving massage with organic lavender oil that includes the back, backs of the legs and the feet and an Indian Head Massage designed to transport you to a place where tension and stress melt away.

### **Fountain of Youth - 90 mins** **£86**

Includes the Silicium Super Lift facial designed to fill deeper wrinkles and lift and contour the face and neck. Your complexion will glow, lines will be less noticeable and your skin will be firmer. The package also includes a deeply nourishing hand treatment.

### **Exceptional Face and Body Ritual - 110 mins** **£105**

A real "manual facelift", Thalgo's exclusive Ultimate Energilift Massage targets and tightens individual facial muscles and visibly lifts the entire face, providing the ultimate anti-ageing facial to combat all signs of ageing and hormonal deficiencies. For your body, a full body exfoliation will remove dry skin cells and an application of Thalgo body cream will leave your skin deeply nourished.

### **Mother-to-Be - 70 mins** **£80**

For extra pampering during pregnancy this package includes a Thalgo Discovery facial tailored to your skin type, a relaxing back neck and shoulder massage and also a mini Nailtiques pedicure or a file and polish.

### **Men's Grooming MOT - 75 mins** **£85**

"3 treatments in 1 for the man in a hurry" - a Thalgo Discovery facial along with a back, neck and shoulder massage and a sports manicure.

### **Ultimate Relaxation - 110 mins** **£105**

This includes the stone massage therapy where the deep heat of the basalt (river rock) stones penetrates the muscles, providing an immediate relaxation response. The package also includes the deeply nourishing hand and foot treatment.

TREATMENT PACKAGES



Surrounded by beautiful parkland, yet only minutes from Sutton Coldfield, the Spa at Moor Hall Hotel is the perfect place to escape, unwind and enjoy a day of pure relaxation at its best.

The Spa is superbly equipped with the best of leisure facilities and the relaxing atmosphere, the wide range of treatments and the friendly therapists are sure to make the experience one to remember. Our Spa Days are ideal as a get together for friends or as a treat for yourself or a special loved one. Just one day of pampering can make the stresses of modern life melt away, leaving you relaxed, refreshed and looking and feeling wonderful.

We offer a fabulous selection of Spa Days which incorporate various treatments, lunch and refreshments and full use of the extensive leisure facilities including indoor pool, spa bath, steam room, sauna, gym and Spa Relaxation Room plus access to fitness classes, allowing you to indulge in a day of total relaxation. Along with your treatments, all our day packages include ample time to enjoy the facilities plus:

- A welcome tea or coffee with toast and preserves on arrival at 9.30am
- A full tour of the facilities
- The use of a robe for the day
- Complimentary tea and coffee throughout the day in the Spa Lounge
- Full use of our gym, Spa Relaxation Room, indoor pool, spa bath, sauna, steam room and access to fitness classes
- Lunch
- Coffee or tea and biscuits before you leave at 5.30pm
- 15% discount off extra treatments on the day\*
- 15% off any Thalgo products bought on the day\*

Once you've booked, all that's left to do is relax and enjoy your Spa Day at Moor Hall Hotel!

*\*Excluding promotions and special offers*

## SPA DAYS

**Beauty Day** **£90** per person per day  
Includes a skin consultation, a choice of full facial\* to suit your skin type plus either a mini manicure or a mini pedicure.

*\*Excluding Collagen Radiance facial, Hyaluronic Smooth and Fill facial, Silicium Super Lift facial and Ultimate Time Solution Ritual*

**Men's Recovery Day** **£100** per person per day  
Includes a De-stress massage and a Thalgo Discovery facial.

**Mind and Body Day** **£100** per person per day  
Includes an Indian Head massage and a De-stress massage.

**The Ultimate Retreat Day** **£105** per person per day  
Includes the wonderful Indocéane exotic ritual, commencing with a body exfoliation followed by a Ayurvedic inspired massage and finished with a sublime body wrap.

**Purifying Day** **£110** per person per day  
Includes a choice of body wrap and a Thalgo Discovery facial.

**Relax and Refresh Day** **£110** per person per day  
Includes a choice of Swedish massage or Marine Wellbeing massage and a Thalgo Discovery facial.

**Moor Hall Escape Day** **£110** per person per day  
Includes a Thalgo Discovery facial, a back, neck and shoulder massage, plus a mini Nailtiques manicure and pedicure.

**Top to Toe Day** **£198** per person per day  
Includes a full facial, a body massage or body wrap plus a full Nailtiques therapeutic manicure and pedicure with nail paint.

*\*Excluding Exceptional Ultimate Time Solution Ritual*

Spa Day Gift Vouchers  
are available to buy online  
[www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)



# SPA BREAKS

Designed to offer you total relaxation combined with fine dining, 4 star accommodation and great spa and leisure facilities, our Spa Breaks include an overnight stay with breakfast, dinner, a selected spa treatment plus full use of the extensive leisure facilities, including indoor pool, spa bath, sauna, steam room, gym, aerobics studio and Spa Relaxation Room.

To book your spa break please call us on **0121 308 3751**.

## Sparkling Spa Break

Our Sparkling Spa Break includes:

- An overnight stay in a standard room with full English breakfast
- 2 x 25 minute treatments (a Thalgo Discovery facial and back, neck and shoulder massage)
- Dinner in the 2 AA Rosette Oak Room restaurant\*
- ½ bottle of sparkling wine or elderflower pressé in your room on arrival

1 night Sparkling Spa Break **£145** per person

2 night Sparkling Spa Break **£195** per person

## Sparkling Sunday Spa Break

**£75** per person

Our Sparkling Sunday Spa Break includes:

- An overnight stay in a standard room with full English breakfast
- 1 x 25 minute treatment (a Thalgo Discovery facial or back, neck and shoulder massage)
- A 3 course dinner in the Country Kitchen carvery
- ½ bottle of sparkling wine or elderflower pressé in your room on arrival

## Luxury Sparkling Spa Break

Our Luxury Sparkling Spa Break includes:

- An overnight stay in a superior room with full English breakfast
- A luxury back treatment (55 mins)
- Dinner in the 2 AA Rosette Oak Room restaurant\*
- A spa gift and ½ bottle of sparkling wine or elderflower pressé in your room on arrival
- A late check out of 12 noon on the day of departure

1 night Luxury Spa Break **£165** per person

2 night Luxury Spa Break **£205** per person

*\* Dinner to the value of £30pp, food only  
Sparkling Spa Breaks Packages are available Thursday to Sunday, subject to availability and are based on 2 people sharing a standard double or twin room. You can upgrade to a superior double or twin room for £12.50 per person per night. The following single supplements apply: £20 for a single room and £40 for a standard double room. All packages must be pre-paid at the time of booking and are non-amendable and non-cancellable.*

## Additional Information

All times quoted include treatment, preparation and consultation. When booking a treatment, please advise us of any relevant medical conditions. It is not advisable to take a shower, swim or use a sauna or steam room for a minimum of 3 - 4 hours after body treatments to ensure maximum benefits from the products used.

Waxing and facial treatments should not be received directly before or after heat treatments, i.e. sunbed, sauna or steam room. Pedicures are not recommended where there is evidence of athlete's foot or verrucas. Patch testing procedures are advised if you suffer from skin sensitivity, contact eczema, dermatitis, psoriasis or food allergies and are essential for eyelash and eyebrow tinting.

Please allow sufficient time prior to your treatment to complete a Spa consultation. We recommend that you arrive up to 15 minutes in advance of your treatment. Regrettably, late arrival for your appointment will constitute a reduced treatment time. Please ensure you are wearing dry clothing for your treatments (either a dry costume or underwear). In consideration of other guests please refrain from using mobile phones in the Spa area. Spa guests must be 18 years of age or older to receive treatments without the approval or accompaniment of an adult.

All prices and treatments are correct at the time of going to print and are subject to revision without notice. We accept all major credit cards. Payment for Spa Days is required at the time of booking.

## How To Book

To book a spa treatment please call us on **0121 334 2323** or book online: [www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk) - it's quick and easy and you receive an instant confirmation!

## Cancellations

Treatment appointments cancelled within 24 hours will incur a 50% charge. No refunds are given for cancellations or postponements of Spa Days and the following policy applies. If the cancellation is received more than 14 days in advance the Spa Day may be rebooked within 3 months\*. Cancellations received within 14 days will incur a 50% charge; the other 50% will be transferred to a rebooking made within 3 months\*. Cancellations received within 7 days will incur a 100% charge.

*\* Subject to availability.*

## MONTHLY TREATMENT OFFERS

Our monthly offers allow you to try a new or enjoy a favourite spa treatment at a specially reduced price. For details of our current offers please see the spa page of our website or email [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk) and we'll send you details of the offers every month, direct to your inbox!

## GIFT VOUCHERS

Spa gift vouchers are perfect for birthdays, anniversaries, Christmas or just to say "thank you" and are redeemable against our full range of products and treatments. You can buy personalised vouchers instantly via our website or from our Spa reception.

## COURSES OF TREATMENTS

For maximum results we recommend that facial and body treatments are taken as courses of 6 to 12 sessions. Buy a course of 5 treatments and the 6th is free!



## MOOR HALL HOTEL & SPA

Moor Hall Drive, Four Oaks, Sutton Coldfield, West Midlands B75 6LN

T: 0121 334 2323 (Spa) T: 0121 308 3751 (Hotel) E: [spa@moorhallhotel.co.uk](mailto:spa@moorhallhotel.co.uk)

[www.moorhallhotel.co.uk](http://www.moorhallhotel.co.uk)

Moor Hall Hotel & Spa is part of the Webb Hotel Group

